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Back Pain

Back pain is an extremely common problem affecting millions each year. A wide variety of issues can lead to back pain originating from the muscles, bones, joints or nerves. Although it does occur most commonly in the low back the pain can be anywhere from the neck to the pelvis. Certain associated symptoms such as weakness, fever, or bowel/bladder control problems might require additional workup. Your pain treatment physician in these instances will order more advanced imaging (MRI/CT scan) and surgical evaluation if indicated.

In diagnosing your back pain, the pain treatment physicians at Pain Specialists of Orange County will obtain a detailed history and perform a physical exam. Often times the physical will involve a detailed neurologic exam to identify compressed nerves which may result from a herniated disc.

Back Pain Treatment

Many treatments are available for treating back pain which may include physical therapy, acupuncture, chiropractic care, different types of pain relieving medications, and interventional procedures (epidurals, facet treatment, trigger point injections, etc.). In some patients spinal cord stimulation (neuromodulation) can be used to decrease the pain signal and produce a more pleasant sensation over the previously painful area. An advantage to this treatment option is it can be trialed prior to implantation to determine effectiveness.

Our highly trained pain physicians care about improving your pain and quality of life. For more information on how the back pain treatment doctors at Pain Specialists of Orange County can help treat your Back Pain, please contact us at 949-297-3838.